



One-Pager

Use this as a facilitation guide to complete the One-Pager tool, or to help someone else complete it. The questions below can be used as prompts to help you arrive at answers. Focusing on one column at a time may also help. We encourage you to share your finished One-Pager with others!

My Strengths

- What am I good at in school?
- What am I good at in my community or home?
- What do other people say are my strengths?

My Preferences

- What makes my day or school work more enjoyable?
- What would be nice to have or happen but I would be okay without it?
- Where do I see myself in the future:
 - Living?
 - Working?
 - Doing for Having fun?

My Interests

- What do I like to do?
- What activities or groups do I enjoy being in?
- What are my hobbies and after school activities?

My Needs

- What things or changes to my day help me?
- What do I need to succeed?
- What assistive technology helps me at school, home, and in the community?
- What can others do to help me?
- What are some things that are hard for me? How do I get through the hard things?

