# It's All About Me!

## Understanding My IEP

Name:



2008 Commonwealth of Virginia Department of Education
Training and Technical Assistance Centers - I'm Determined Project
It's All About Me! ~ Understanding My IEP

## What is My IEP?

- □ My Individualized Education Program (IEP) is a roadmap to help me reach my goals.
- □ Each year, my teachers, my parents and others meet to talk and make decisions.
- □ Being a part of my IEP allows me to have a voice about these decisions.



## All IEPs include the following four parts:

- 1. Present Level of Performance
- 2. Accommodations and Modifications
- 3. Goals
- 4. Services

## Understanding the Parts of My IEP!



Present Level of Perfori	nance:
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This part lists my strengths and needs and may include test scores and
explanations, observations, comments from you, teachers, parents/guardians
and others.

I can provide information or help write part of the Present Level of Performance.

#### Accommodations:

How schools and my teachers adapt, adjust, or change the physical environment, instruction or services for me so that my disability does not affect my learning. These are based upon my special needs.

☐ I can help the IEP team decide what accommodations help me.

#### Goals:

What I intend to accomplish.

I can help develop the goals of my IEP. I also need to help monitor my progress towards these goals.

#### Services:

Special supports I will need to benefit from school and reach my goals.

 $\square$  I need to share information about me and the supports I need.

## Understanding and Participating in My IEP!



## Present Level of Performance

	el of Performance section in your current IEP with t/guardian and answer the following questions: 
l. What are the wor	ds that students my age do not understand?
	Level of Performance section describe:
My strengths?	Yes or No
My interests?	Yes or No
My weaknesses or	needs? Yes or No
How my disability	affects me in the classroom?  Yes or  No





Please answer the following questions so this information can be included in the Present Level of Performance in my new IEP:

1. What classes do I like the most?
2. What classes do I not like as much?
3. How do I learn the best?
4. What jobs or chores do I have at home?
5. When I grow up, what would I like to do?
6. When I am not in school, what do I like to do?
7. What do I want others to know about me?

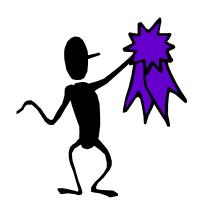
## **Accommodations**

Read the Accommodations section in your current IEP with your teacher or parent/guardian and answer the following questions:
1. What are the words that students my age do not understand?
2. Are there any accommodations listed that I think I may not need No or Yes (If Yes, please list them below.)
3. Are there any accommodations that I think need to be added?  No or Yes (If Yes, please list them below.)



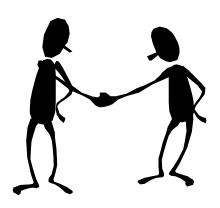
## <u>Goals</u>

Read the Goals section in your current IEP with your teacher or parent/guardian and answer the following questions: 
1. What are the words that students my age do not understand?
2. Do I feel that I am getting close to meeting the goals in my IEP?
3. What goals do I want to be included in my IEP?



## <u>Services</u>

Read the Services section of your current IEP with your teacher or parent/guardian and answer the following questions: 
1. What are the words that students my age do not understand?
2. Who helps to support me at school?



## Learning More

Read these two brochures with your teacher or parent/quardian:

- → Suggestions for Your Participation in the IEP Process
- → What are My Rights as a Student with a Disability?

Here is a list of questions that I have about my IEP.	
Here is a list of suggestions for how I can participate in my meeting.	IEP

