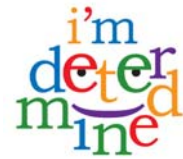


Self-Determination Checklist

Educator Assessment



Student Name: _____

Date: _____

Self-Determination skills help you to know

- yourself*
- your goals*
- supports you need to reach your goals*

Use the following scale to rate the statements below:

3 = almost always/most of the time

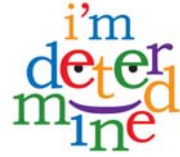
1 = rarely or never

2 = sometimes

0 = not observed

Rating				
3	2	1	0	My student sets goals to get what he/she wants or need.
3	2	1	0	My student makes plans for reaching his/her goals.
3	2	1	0	My student checks his/her progress when working toward his/her goals.
3	2	1	0	My student attends his/her IEP Meetings.
3	2	1	0	My student participates in his/her IEP Meetings.
3	2	1	0	My student knows the goals listed in his/her IEP.
3	2	1	0	At school, educators listen to my student when he/she talks about what he/she wants or needs.
3	2	1	0	At home, my student's parents listen when he/she talks about what he/she wants or needs.
3	2	1	0	My student has others in his/her life who help him/her to accomplish goals.
3	2	1	0	My student asks for help when he/she needs it.
3	2	1	0	My student knows what he/she needs, what he/she likes and what he/she enjoys doing.
3	2	1	0	My student tells others what he/she needs, what he/she likes and what he/she enjoys doing.
3	2	1	0	My student helps to make choices about the supports (educational services) and accommodations that he/she needs in school.
3	2	1	0	My student can describe his/her learning difficulties to others.
3	2	1	0	My student believes he/she has control to direct his/her life.
3	2	1	0	My student takes care of his/her personal needs (clothes, chores, meals, grooming).
3	2	1	0	My student makes friends with others his/her age.
3	2	1	0	My student can make good choices.
3	2	1	0	My student believes that working hard in school will help him/her to get a good job.

Self-Determination Checklist Educator Assessment



1. What is one (1) goal that your student has for himself/herself?

2. List three (3) things that your student is doing to reach this goal.

3. How can people around your student (teachers, family, friends, etc.) help to build his/her self-determination skills?