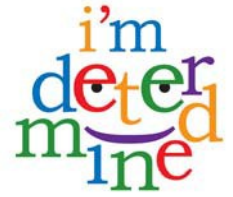**Organizing Topic:**   Goal Setting and Attainment *(The skill of determining how you are going to accomplish what you want - setting the goal, plan for implementation and measuring success.)*

Title: Making the Goal

Target Level: High School

Related Standards of Learning:

Computer/Technology

C/T 9-12.3 The student will demonstrate knowledge of ethical, cultural, and societal issues related to technology.
    a) Assess the potential of information and technology to address personal and workplace needs.
    b) Demonstrate knowledge of electronic crimes such as viruses, pirating, and computer hacking.
    c) Explore and participate in online communities, and online learning opportunities.
    d) Identify the role that technology will play in future career opportunities.

C/T 9-12.5 The student will demonstrate knowledge of technologies that support collaboration, personal pursuits, and productivity.
    a) Respectfully collaborate with peers, experts, and others to contribute to an electronic community of learning.
    b) Model responsible use and respect for equipment, resources, and facilities.

C/T 9-12.6 The student will use technology to locate, evaluate, and collect information from a variety of sources.
    a) Integrate databases, spreadsheets, charts, and tables to create reports.
    b) Use available technological tools to expand and enhance understanding of ideas and concepts.

C/T 9-12.8 The student will use technology resources for solving problems and making informed decisions.
    a) Investigate and apply expert systems, intelligent agents, and simulations in real-world situations.
    b) Select and apply technology tools for information analysis, problem-solving, and decision-making.
    c) Use technology resources such as educational software, simulations, and models for problem-solving, and independent learning.

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d) Produce and disseminate information through collaborative problem-solving activities.

Objective:
- The students will define short and long-term goals in specific terms and identify steps to achieve goals in measurable terms.

Prerequisite Understandings/Knowledge/Skills:
- Define and provide examples of specific measurable goals.
- Awareness of time frames.
- Awareness of realistic goals.
- Completed Interest Inventory such as Virginia Career View at www.vaview.vt.edu/ or Kuder at www.kuder.com.

Materials Needed:
- Setting Web handouts (attached) - paper copy and transparency
- Individual career assessment results
- Highlighters

Time Frame: Two 45-minute sessions.

Lesson Procedure:
1) Start by asking, "*What are some goals that 9th (10th, 11th, 12th) grade students have in common?*"

2) Brainstorm. Write goals on the board and determine which goals are long-term vs. short-term goals.

3) Have the students highlight strong areas on their individual Career Assessment result report.

4) Introduce a web diagram as a tool for setting goals. (The diagram should read short-term goal in the center of diagram one and long-term goal in the center of diagram two. In the outer sections of each diagram: Steps to achieve goal; What I want/need to reach goal; Barriers; and Timeframe. See attached handout.

5) The teacher models the use of the diagram using an overhead transparency.

6) Encourage student response and participation to complete diagram.

7) Students will complete individual web diagram.

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Specific Options for Differentiating this Lesson:
- Invite prior student as a guest speaker to help students understand goal-setting.
- Use a stair-step diagram instead of a web diagram.
- Have a list of sample goals for students to choose from.

Evaluation:
- As a means of closure, students will summarize goals and get feedback from other students.
- Update progress and goals every six weeks by marking each step of the goal as "complete" using a checkmark or a star for steps still in progress.

Extending Understanding:
- Students will write a paragraph titled: "My Life at the Age of Twenty-Five" based on findings of goal-setting activity.

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Steps to achieve goal	What I want/need to reach goal

Short-Term Goal

Barriers	Time Frame

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Steps to achieve goal	What I want/need to reach goal

Long-Term Goal

Barriers	Time Frame

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