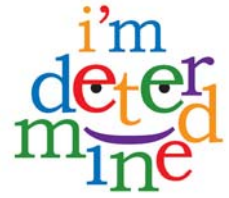


Organizing Topic: Goal Setting and Attainment (*The skill of determining how you are going to accomplish what you want (setting the goal, plan for implementation and measuring success.)*)



Title: Go After Your Goal

Target Level: High School

Sample Related Standards of Learning

ENG 10.7 The student will develop a variety of writing, with an emphasis on exposition.

- a) Generate, gather, plan and organize ideas for writing.
- b) Elaborate ideas clearly through word choice and vivid description.
- c) Write clear, varied sentences.
- d) Organize ideas into a logical sequence.
- e) Revise writing for clarity of content and presentation.
- f) Proofread and prepare final product for intended audience and purpose.

ENG 11.7 The student will write in a variety of forms, with an emphasis on persuasion.

- a) Generate, gather, plan and organize ideas for writing.
- b) Develop a focus for writing.
- c) Evaluate and cite applicable information.
- d) Organize ideas in a logical manner.
- e) Elaborate ideas clearly and accurately.
- f) Adapt content, vocabulary, voice and tone to audience, purpose and situation.
- g) Revise writing for accuracy and depth of information.
- h) Proofread final copy and prepare document for intended audience and purpose.

Objective:

- Identify future goal (vocational, educational, leisure, etc.).
- Set the steps for goal attainment.
- Research each step and identify if the step can be successfully completed.
- Set a timeline for goal achievement.

Prerequisite Understandings/Knowledge/Skills:

- Know likes/dislikes and strengths/weaknesses.
- Understand the definition of a goal.

Materials Needed:

- Three ring binder for each student
- Goal Setting Graphic Organizer (attached)
- Examples of Goals handout (attached)
- Computer and/or poster board
- Pictures
- Any other item needed to research goal or steps in goal

Time Frame: One grading period.

Lesson Procedure:

1. Start with a free write or discussion using the following questions:
 - What is the difference between a wish and a goal?*
 - Do you agree or disagree: It is better to set easier goals than to risk failure by setting higher goals?*
 - What's the difference between failing and being a failure?*
 - What are some good ways to deal with disappointments?*
 - How do you define success?*
2. Use the "Examples of Goals" handout to discuss goals with students. Have students identify a goal they would like to achieve.
3. Determine steps in reaching the goal. Use the "Reach for Your Goal" graphic organizer.
4. Sequence steps in proper timeline to reach goal. Students could make a timeline with register tape or use software such as TimeLiner.
5. Using resources, examine each step individually to answer the following questions:
 - How long will this step take?*
 - Can I successfully complete this step?*
 - What supports will I need to complete this step?*
 - Do I need to rethink my goal?*
6. Compile information into presentation (PowerPoint, chart, paper, poster, portfolio).
7. Place project in a transition portfolio/notebook that the student will take with them after high school.

Specific Options for Differentiating this Lesson:

- Date progression of each step in goal, getting positive reinforcement for completing each step through presentations to class or administrators, charting or reward of choice.
- Present goal and steps in IEP meeting.
- Have examples of different goals available (see attached sheet).

Evaluation

- Oral presentation to class and/or IEP meeting of completed project on goal and steps to attain goal.
- Actual completion of set goal (when appropriate timetable).

Extending Understanding:

- Address questions such as:

Can you use these steps for other goals in your life?

What are the benefits of making goals?

What happens if you can not complete one of the steps in your goal?

What will you do?

Examples of Goals:

Vocational

- Fill out a job application
- Get a job application
- Complete a resume
- Complete vocational/technical courses
- Get a raise at current employment
- Obtain part time job
- Job Shadow
- Contact DRS
- Contact Community Services Board

Educational

- Graduate with chosen diploma option
- Raise grades in course
- Complete vocational sequence
- Pass SOLs
- Make decision about future educational plans
- Lead my IEP meeting
- Visit a college campus
- Get a certain grade in a specific class
- Take SAT prep course
- Register for the SATs
- Apply for college
- Complete financial aid

Community

- Volunteer
- Get a photo ID card
- Visit various businesses and jobs

Personal

- Get driver's license
- Open a bank account
- Go to prom
- Live in apartment or on your own
- Buy a car
- Join a club at school
- Join a sport

Reach for Your Goal

Graphic Organizer

Goal	
Action Steps	1.
	2.
	3.
	4.
	5.
	6.
	7.
	8.
	9.
	10.
Target Date	